

# APPLE

*Malus domestica*

**HARVEST** Feb - MAY **PROCESSING** Feb - August

## INGREDIENTS

- *Apple Concentrate*
- *Apple Paste*
- *Apple Puree*
- *Diced Apple*
- *Sliced Apple*
- *Apple Sauce*

New Zealand apples are exported all over the world and are infamous for their flavour and sweetness.

Diurnal temperature variation (warm days and cool nights) in Gisborne, Nelson and Hawkes Bay help produce crisp delicious apples which are great for eating fresh or processing.

Renowned for their health benefits apples are a good source of antioxidants and dietary fibre.

